



## *The Local Foods Store*

The WRSC produces, promotes and sells local sustainably farmed food and products, and fosters a sustainable local economy by supporting local farmers, home gardeners and providing education to consumers.

### **Syringa Mountain School Lunch Program February 2017**

***Wednesday, February 1st***

***Meatzzzza Pizza WRSC Style***

***Grass Fed Beef, Pepperoni, WRSC Marinara & Cheese with Green Salad***

***Thursday, February 2<sup>nd</sup>***

***Vegetable Soup***

***with Beans, Corn, Peas, Onions, Garlic and Carrots with Sourdough Bread and Green Salad***

***Friday, February 3<sup>rd</sup>***

***Chicken Pot Pie***

***With Turkey, Corn, Peas, Green Beans, Carrots, Celery and Potatoes.***

***Monday, February 6<sup>th</sup>***

***Veggie Alfredo***

***Creamy Cheese Sauce and Penne Noodles with Sourdough Bread With onions, garlic, spinach Tomatoes and Green Salad***

***Tuesday, February 7<sup>th</sup>***

***Taco Salad***

***with Grass Fed Beef, Roasted Tomato Salsa and Queso Fresco, Rice and Beans***

***Includes onions, jalapeños, garlic, tomato and cilantro & Corn Tortilla Chips. Gluten free!***

***Wednesday, February 8<sup>th</sup>***

***Chicken Enchiladas WRSC Style***

***Chicken, Onions, Peppers, Tortillas, Cheese with Green Salad***

***Thursday, February 9<sup>th</sup>***

***Tomato and Basil Bisque***

***with Sourdough Bread and Green Salad, Includes garlic, olive oil and onion.***

***Gluten Free except sourdough. Vegetarian.***

***Friday, February 10<sup>th</sup>***

***Spaghetti Bolognese Bake***

***with Sourdough Bread and Green Salad, Includes olive oil, red wine vinegar and herbs.***

***Monday, February 13<sup>th</sup>***

***Vegetarian Pizza***

***Onions, Peppers, Tomato Sauce, Cheese and Mix Green Salad***

***Tuesday, February 14<sup>th</sup>***

***Taco Salad***

***with Grass Fed Beef, Roasted Tomato Salsa and Queso Fresco, Rice and Beans***

***Includes onions, jalapeños, garlic, tomato and cilantro & Corn Tortilla Chips. Gluten free!***

**Wednesday, February 15<sup>th</sup>**  
**Meatzzzza Pizza WRSC Style**  
**Grass Fed Beef, Pepperoni, WRSC Marinara & Cheese with Green Salad**

**Thursday, February 16<sup>th</sup>**  
**Vegetable Soup**  
**with Beans, Corn, Peas, Onions, Garlic and Carrots with Sourdough Bread and Green Salad**

**Friday, February 17<sup>th</sup>**  
**Chicken Pot Pie**  
**With Turkey, Corn, Peas, Green Beans, Carrots, Celery and Potatoes.**

**Monday, February 20<sup>th</sup>**  
**No School – Presidents Day**

**Tuesday, February 21<sup>st</sup>**  
**Taco Salad**  
**with Grass Fed Beef, Roasted Tomato Salsa and Queso Fresco, Rice and Beans**  
**Includes onions, jalapeños, garlic, tomato and cilantro & Corn Tortilla Chips. Gluten free**

**Wednesday, February 22<sup>nd</sup>**  
**Chicken Enchiladas WRSC Style**  
**Chicken, Onions, Peppers, Tortillas, Cheese with Green Salad**

**Thursday, February 23<sup>rd</sup>**  
**Tomato and Basil Bisque**  
**with Sourdough Bread and Green Salad, Includes garlic, olive oil and onion.**  
**Gluten Free except sourdough. Vegetarian.**

**Friday, February 24<sup>th</sup>**  
**Spaghetti Bolognese Bake**  
**with Sourdough Bread and Green Salad, Includes olive oil, red wine vinegar and herbs.**

**Monday, February 27<sup>th</sup>**  
**Vegetarian Pizza**  
**Onions, Peppers, Tomato Sauce, Cheese and Mix Green Salad**

**Tuesday, February 28<sup>th</sup>**  
**Taco Salad**  
**with Grass Fed Beef, Roasted Tomato Salsa and Queso Fresco, Rice and Beans**  
**Includes onions, jalapeños, garlic, tomato and cilantro & Corn Tortilla Chips. Gluten free!**