

**The Local Foods Store**

**Syringa Mountain School**

**Lunch Program December 2017**

***Monday, December 4th***

**Veggie Alfredo**

**Creamy Cheese Sauce and Penne Noodles with Sourdough Bread With onions, garlic, spinach Tomatoes and Green Salad**

***Tuesday, December 5th***

**Taco Salad**

***with Grass Fed Beef, Roasted Tomato Salsa and Queso Fresco, Rice and Beans***

***Includes onions, jalapeños, garlic, tomato and cilantro & Corn Tortilla Chips. Gluten free!***

***Wednesday, December 6th***

***Meatzzzza Pizza WRSC Style***

***Grass Fed Beef, Pepperoni, WRSC Marinara & Cheese with Green Salad***

***Thursday, December 7th***

**Vegetable Soup**

**with Beans, Corn, Peas, Onions, Garlic and Carrots with Sourdough Bread and Green Salad**

**Friday, December 8th**

**Sack Lunch**

***Monday, December 11th***

***Vegetarian Pizza***

***Onions, Peppers, Tomato Sauce, Cheese and Mix Green Salad***

***Tuesday, December 12th***   
 **Taco Salad**

**with Grass Fed Beef, Roasted Tomato Salsa and Queso Fresco, Rice and Beans**  
**Includes onions, jalapeños, garlic, tomato and cilantro & Corn Tortilla Chips. Gluten free!**

***Wednesday, December 13th***

**Chicken Enchiladas WRSC Style**

**Chicken, Onions, Peppers, Tortillas, Cheese with Green Salad**

***Thursday, December 14th***

**Tomato and Basil Bisque**

**with Sourdough Bread and Green Salad, Includes garlic, olive oil and onion.**

**Gluten Free except sourdough. Vegetarian.**

**Friday, December 15th**

**Sack Lunch**

**WRSC 308 S. River St. wrsustainabilitycenter@gmail.com 208-721-3114**